

## **Viola Wisdom from Ellen Rose**

### **Ten simple rule for audition preparation**

1. Cover the basics first: intonation, rhythm and sound
2. Build mental and physical relaxation and breathing into the excerpts
3. Your first play-through must be your BEST performance
4. You cannot hang onto technique; you can only hang onto the music (technique is only a vehicle)
5. You must trust that your body knows what to do TECHNICALLY and let go
6. Know the tempo of each excerpt cold BEFORE you play through
7. Take your time BETWEEN excerpts
8. Bring the orchestra on stage with you
9. It is never too early to mentally rehearse the entire audition process
10. Break in the excerpts with FREQUENT performances